

# High-Impact Tutoring

## The Basics, Benefits, and Research

RESEARCH SUMMARY

### What is High-Impact Tutoring?

High-impact tutoring is personalized, high-quality instruction in one-on-one or small group settings that creates positive relationships between tutors and students that are motivating and engaging. Numerous studies confirm its strong benefits. Importantly, “tutoring” can vary in its characteristics and therefore effectiveness.

*Click around to view sources.* 

### The Characteristics

- ✓ Regularly 3+ times/week for 10+ weeks
- ✓ Consistent, well-trained tutor
- ✓ Aligns with high-quality curriculum
- ✓ Small groups (preferably 1:1)
- ✓ Part of the school day



**Note:** High-impact tutoring is not just “homework help.” It also, for equity reasons, is not an “opt-in” model.

### The Benefits



**Meets individual needs**



**Builds relationships**



**Supports well-being**






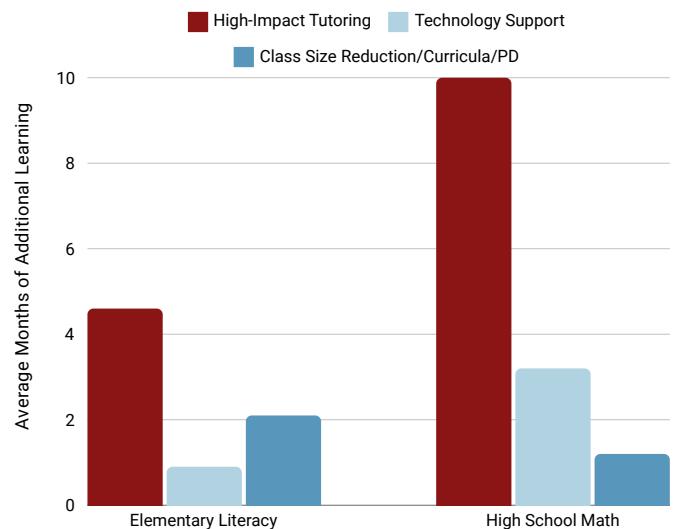
**Increases attendance**



**Accelerates learning by 3-15 months**

### What does the research say?

-  **It shows large positive effects on both math and reading achievement:** A meta-analysis shows that tutoring can increase achievement [by roughly 3 to 15 months of learning](#) across grade levels.
-  **It works at large-scale:** While many educational programs lose effectiveness when scaled up, studies of 15 larger-scale tutoring programs serving between 500 and 7,000 students showed [an increase of 2-10 months of learning](#).
-  **It is one of the most effective ways to increase achievement for students from lower-income families:** A study examined interventions that aimed to improve educational achievement for students from low socioeconomic backgrounds. Of all the interventions examined, [tutoring was the most effective](#).



[Full citations here.](#)



Scan for more evidence and information.